



# December 2010



Sun	Tue	Wed	Thu	Fri	Sat
	1:30-2:20 Freestyle 2:20-3:10 Freestyle 3:20-4:10 Freestyle 4:10-5:00 Freestyle 5:10-6:00 Freestyle 6:00-6:50 Freestyle	<b>1</b> 1:30-2:20 Freestyle 2:20-3:10 Freestyle 3:20-4:10 Freestyle 4:10-5:00 Freestyle 5:10-6:00 Freestyle 6:00-6:50 LTS	<b>2</b> 1:30-2:20 Freestyle 2:20-3:10 Freestyle 3:20-4:10 Freestyle 4:10-5:00 Freestyle 5:10-6:00 Freestyle 6:00-6:50 Adults	<b>3</b> 1:30-2:20 Freestyle 2:20-3:10 Freestyle 3:20-4:10 Freestyle	<b>4</b> 1:45-2:35 Freestyle 2:35-3:20 Freestyle
<b>5</b> 10:30-11:20 Freestyle 11:20-12:10 Freestyle 12:20-1:10 Freestyle 1:10-2:00 Freestyle	<b>7</b> 1:30-2:20 Freestyle 2:20-3:10 Freestyle 3:20-4:10 Freestyle 4:10-5:00 Freestyle 5:10-6:00 Freestyle 6:00-6:50 Freestyle	<b>8</b> 1:30-2:20 Freestyle 2:20-3:10 Freestyle 3:20-4:10 Freestyle 4:10-5:00 Freestyle 5:10-6:00 Freestyle 6:00-6:50 LTS	<b>9</b> 1:30-2:20 Freestyle 2:20-3:10 Freestyle 3:20-4:10 Freestyle 4:10-5:00 Freestyle 5:10-6:00 Freestyle 6:00-6:50 Adults	<b>10</b> 1:30-2:20 Freestyle 2:20-3:10 Freestyle 3:20-4:10 Freestyle 4:10-5:00 Freestyle 5:10-6:00 Freestyle 6:00-6:50 Freestyle	<b>11</b> 9:00-9:20 Low Style 9:20-10:10 Low Freestyle 10:20-11:10 Mixed Freestyle 11:10-11:30 Stroking 11:40-12:00 High Style 12:00-12:50 High Freestyle 1:00-1:50 High Freestyle 1:50-2:40 High Freestyle
<b>12</b> 9:00-9:50 Freestyle 9:50-10:40 Freestyle 10:50-11:40 Freestyle 11:40-12:30 Freestyle	<b>14</b> 1:30-2:20 Freestyle 2:20-3:10 Freestyle 3:20-4:10 Freestyle 4:10-5:00 Freestyle 5:10-6:00 Freestyle 6:00-6:50 Freestyle	<b>15</b> 1:30-2:20 Freestyle 2:20-3:10 Freestyle 3:20-4:10 Freestyle 4:10-5:00 Freestyle 5:10-6:00 Freestyle 6:00-6:50 LTS	<b>16</b> <b>CHRISTMAS BREAK</b>	<b>17</b> <b>CHRISTMAS BREAK</b>	<b>18</b> <b>CHRISTMAS BREAK</b>
<b>19</b> <b>CHRISTMAS BREAK</b>	<b>21</b> <b>CHRISTMAS BREAK</b>	<b>22</b> <b>CHRISTMAS BREAK</b>	<b>23</b> <b>CHRISTMAS BREAK</b>	<b>24</b> <b>CHRISTMAS BREAK</b>	<b>25</b> <b>CHRISTMAS DAY</b>
<b>26</b> <b>CHRISTMAS BREAK</b>	<b>28</b> 10:00-10:50 Freestyle 10:50-11:40 Freestyle 11:50-12:40 Freestyle	<b>29</b> 10:00-10:50 Freestyle 10:50-11:40 Freestyle 11:50-12:40 Freestyle	<b>30</b> 10:00-10:50 Freestyle 10:50-11:40 Freestyle 11:50-12:40 Freestyle	<b>31</b> 10:00-10:50 Freestyle 10:50-11:40 Freestyle 11:50-12:40 Freestyle	